

DERMATOLOGY MEDICAL ASSOCIATES
PRE-CHEMICAL PEEL INSTRUCTIONS

TWO WEEKS PRIOR DISCONTINUE

- ANY FORM OF TANNING, THIS INCLUDES TANNING BOOTHS AND SUNLESS TANNERS
- CHEMICAL PEELS INCLUDING "AT HOME PEELS"
- MICRODERMABRASION
- SUN EXPOSURE – THIS PEEL CANNOT BE PERFORMED ON SUNBURNED SKIN
- LASER OR LIGHT TREATMENTS

ONE WEEK PRIOR....DISCONTINUE

- DEPILATORIES, WAXING OR CHEMICAL HAIR REMOVERS
- ELECTROLYSIS
- ANY FORM OF EXFOLIATION
- ANY FORM OF VITAMIN A (RETINOL, RETIN-A, RENOVA, DIFFERIN, TAZORAC).

THE DAY OF TREATMENT:

- DO NOT WEAR ANY MAKEUP OR LOTION TO APPOINTMENT. YOU MAY APPLY MAKEUP 24 HOURS AFTER THE CHEMICAL PEEL
- PLEASE REMOVE CONTACTS PRIOR TO TREATMENT.